

# SENIOR SPOTLIGHT

VERONICA B. SMITH  
MULTI-SERVICE SENIOR  
CENTER

20 Chestnut Hill Avenue,  
Brighton, MA 02135  
Ph: (617) 635-6120

NEW TEMPORARY  
LOCATION STARTING JUNE  
22ND:

77 WARREN STREET  
3RD FLOOR  
BRIGHTON, MA 02135



## June 2026

Michelle Wu, Mayor  
Age Strong  
Commission



Emily Shea,  
Commissioner

### OUR SERVICES & PROGRAMS

Art Instruction

Information & Referral

Bingo

Group Games

Computer Tutoring

Collaborative Programs

Educational Workshops

Fitness Classes

Hot Lunch Program

Ballroom Dance Classes

Nutrition Program

Taxi Coupons

Free Health Screenings

Trips

Recreational Activities

Volunteer Opportunities

Wellness

- **Age Strong Advocate Office Hours**  
**Tuesday June 2nd from 10:30-3**  
**Friday June 26th 9:30-12:15**
  - Tech Help with Marissa
- **Wednesday, June 24th at 1:00**
- **Cognition Corner with Age Strong**  
**Tuesday, June 30th at 10:30**

**CENTER CLOSED FROM WEDESNDAY, JUNE 10TH TO**  
**FRIDAY JUNE 19TH**  
**REOPENING ON MONDAY JUNE 22ND AT 77 WARREN**  
**STREET 3RD FLOOR**  
**JUNETEENTH OBSERVED ON JUNE 19TH**



**Serenity PACE Presentation:**  
**"Sleep- From A to ZZZZ's"**

**Tuesday, June 2nd at 11:00**

**Come And Learn Healthy Sleep Habits  
and Ways to Get The Best Rest!**

**SpeakOUT Pride Month Presentation**  
**Friday, June 5th at 11:00**

**Come & Learn More About the History of  
Pride Month With the Nation's Oldest  
LGBTQ+ Speakers Bureau**



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.



### Word Search

BARBECUE  
 BEACH  
 BUTTERFLY  
 FATHER'S DAY  
 FIREFLY  
 FLIP-FLOPS  
 GERANIUM  
 HAT  
 HONEYSUCKLE  
 ICE CREAM  
 IRIS  
 JUNE  
 LEMONADE  
 LIGHTNING  
 LILY  
 PEONY  
 PICNIC  
 ROSE  
 SANDCASTLE  
 SHORTS  
 SOLSTICE  
 SUMMER

P S T L R S A N D C A S T L E B K L T  
 O E H F P L K R S U M M E R F B L V L  
 T S U I F D T N P W P R K I R I S T Z  
 K S N R B U T T E R F L Y K L E E N N  
 N A D E K R P Q J E N J D Y S P L Y T  
 A L E F N Y F T S U R T K O N M K F C  
 T G R L H M E A A W N C R C A Q C M R  
 G N S Y M R U H T H I E S E X W U S S  
 N U T P Y L C C R H K M R N L J S U O  
 I S O M C D E Q K V E C M T U F Y N L  
 N L R Y V P B D A T E R L I L S E D S  
 T E M M G T R C G C Y J S I N L N R T  
 H M T S Y M A L I T G T P D T G O E I  
 G O C R H T B T K Q W F R R A W H S C  
 I N M I I O Y V H Y L M L N B Y K S E  
 L A Q O N C R C L O M U I N A R E G T  
 W D N Q B C A T P N O L E M R E T A W  
 Y E T M L E I S S V G J K K M B R D Q  
 N N W B B P R P Y Q Y N O E P P P R R



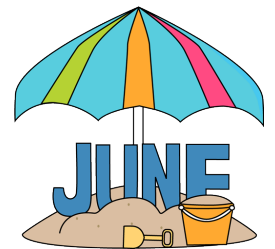
SUNDRESS  
 SUNGLASSES  
 SUNSCREEN  
 SWIMMING



TANK TOP  
 THUNDERSTORM  
 VACATION  
 WATERMELON



© 2024 WordsAreFun.com, All Rights Reserved.



## SENIOR SPOTLIGHT

The Veronica B. Smith Senior Center  
**Deputy Commissioner** .....Melissa Carlson  
**Executive Director** .....Lauren Basler  
**Assistant Director** .....Jackie McLaughlin  
 R.S.V.P. Volunteers  
 Janet Riordan, Shashi Gudapakam, Mary Villani,  
 Loretta Carey, Shelly Ferrari, Mary Regan, Bob  
 Tomposki, Kevin Montague, Tracie McCray, Diane  
 Elliott

City of Boston Age Strong  
 Commission | Boston City Hall  
 Rm. 271 | Boston, MA 02201 |  
 (617) 635-4366

*Dear Members of the VBS Community-  
June is a month that will see big changes for us here at  
the Center. Our beautiful building at 20 Chestnut Hill  
Avenue will be closing for 12-18 months to undergo a  
lengthy renovation process. For the interim, we will be  
located at 77 Warren Street in Brighton on the 3rd Floor.  
This is part of the Brighton Marine campus. We thank  
Brighton Marine for their incredible generosity in the  
use of their space.*

*Change can always bring up a lot of emotions, and we all  
know it will not be easy to leave this space, even if just  
temporarily. As Director, I can say I am looking at the  
new possibilities that this move will bring, and I am  
committed to bringing the vibrancy, fun and joy of VBS  
to 77 Warren.*

*Jackie and I look forward to welcoming you to this new  
space beginning June 22nd, and if you have any  
questions feel free to reach out!*

*With gratitude for this wonderful community,  
Lauren & Jackie*

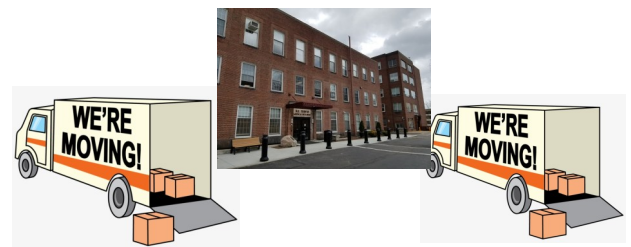
## **Veronica B. Smith Senior Center**


### **Grand Reopening at 77 Warren Street!**

### **Monday, June 22nd**

### **All Day**

### **Enjoy Music, Food and Friends and Get Tours of Our New Temporary Location!**



| MONDAY  | TUESDAY  | WEDNESDAY   |
|---|--|---|
| <p>1 9:30 Strength Training with Suzi<br/>10:30 Zumba!<br/>11:00 Guitar Class w/ Academia de Musica<br/>12:00 Lunch<br/>12:30 Chair Yoga with Beth<br/>1:00 Cara Club<br/>1:30 Monday Cornhole Crew!<br/>2:00 Book Club: "Caleb's Crossing"</p> | <p>2 9:30 Exercise with Jackie<br/>10:30-3 Age Strong Advocate Office Hours<br/>11:00 Serenity PACE: "Sleep- From A to Z's"<br/>11:00 Chinese Dance Class w/ Philippina<br/>12:00 Lunch<br/>1:00 Piano Lunch with Joe D'Amore<br/>12:30 Knitting Group<br/>1:00 SHUTTLE OUTING: TOUR AT 77 WARREN<br/>1:00 Tai Chi with Jamee<br/>1:00 Piano Lessons w/ Joe (Sign Up w/ Lauren)<br/>1:30 Arts &amp; Crafts</p> | <p>3 9:00 Chair Yoga w/ Beth<br/>10:00 Breakfast Gathering<br/>12:00 Line Dance Class<br/>12:00 Lunch<br/>1:00 Guitar Class with Beth<br/>1:00 Bingo<br/>1:00 SHINE (By Appt.)<br/>1:00 Guitar Class w/ Philippina<br/>2:00 "The Miniature World"</p>                 |
| <p>8 9:30 Strength Training with Suzi<br/>10:30 Zumba!<br/>11:00 Guitar Class w/ Academia de Musica<br/>12:00 Lunch<br/>12:30 Chair Yoga with Beth<br/>1:00 Cara Club<br/>1:30 Monday Cornhole Crew!<br/>2:00 Book Club: "Caleb's Crossing"</p> | <p>9 9:30 Exercise with Jackie<br/>11:00 Chinese Dance Class w/ Philippina<br/>12:00 Lunch<br/>12:30 Knitting Group<br/>1:00 Tai Chi with Jamee<br/>1:00 Piano Lessons w/ Joe (Sign Up w/ Lauren)<br/>1:30 Arts &amp; Crafts</p>   | <p>10</p> <p><b>CENTER CLOSED<br/>MOVING TO 77 WARREN<br/>STREET- 3rd FLOOR</b></p>    |
| <p>15</p> <p><b>CENTER CLOSED<br/>MOVING TO 77 WARREN<br/>STREET- 3rd FLOOR</b></p>   | <p>16</p> <p><b>CENTER CLOSED<br/>MOVING TO 77 WARREN<br/>STREET- 3rd FLOOR</b></p>  | <p>17</p> <p><b>CENTER CLOSED<br/>MOVING TO 77 WARREN<br/>STREET- 3rd FLOOR</b></p>   |
| <p>22</p> <p><b><u>GRAND REOPENING!</u><br/>ALL DAY<br/><u>OPEN HOUSE AT 77 WARREN<br/>STREET- 3rd FLOOR</u><br/>COME AND VISIT OUR NEW<br/>TEMPORARY LOCATION<br/>MUSIC, REFRESHMENTS &amp; MORE!</b></p>                                      | <p>23 9:30 Exercise with Jackie<br/>11:00 Chinese Dance Class w/ Philippina<br/>11:00 Joe Malone Presents: "The Beatles"<br/>12:00 Lunch<br/>12:30 Knitting Group<br/>1:00 Piano Lessons w/ Joe (Sign Up w/ Lauren)<br/>1:00 Tai Chi with Jamee<br/>1:30 Arts &amp; Crafts</p>   | <p>24 9:00 Chair Yoga w/ Beth<br/>10:00 Continental Breakfast<br/>12:00 Line Dance Class<br/>12:00 Lunch<br/>1:00 Bingo<br/>1:00 NO GUITAR CLASS<br/>1:00 SHINE (By Appt.)<br/>1:00 Tech Help With M...<br/>2:00 "The Miniature World"<br/>2:15 Wellness Workshop</p> |
| <p>29 9:30 Strength Training with Suzi<br/>10:30 Zumba!<br/>11:00 Guitar Class with Academia de Musica<br/>12:00 Lunch<br/>12:30 Chair Yoga with Beth<br/>1:45 Monday Cornhole Crew!<br/>2:00 Book Club: "Caleb's Crossing"</p>                 | <p>30 9:30 Exercise w/ Jackie<br/>10:30 Cognition Corner with Corinne<br/>11:00 Chinese Dance Class w/ Philippina<br/>12:00 Lunch<br/>12:30 Knitting Group<br/>1:00 Piano Lessons w/ Joe (Sign Up w/ Lauren)<br/>1:00 Tai Chi w/ Jamee<br/>1:30 Arts &amp; Crafts</p>  |   |

| WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|--|---|
| <p>with ThriveHub<br/>Morning<br/>Classes with Jonathan<br/><br/>Professor Grey<br/><br/>Professor Grey<br/>"Life" TV Show</p>  | <p>4 9:30 Exercise with Jackie<br/>10-11:30 Live Jazz Music Session<br/>11:00 Understanding Autism with Ari<br/>11:00 Qi-Gong with Jamee<br/>12:00 Lunch<br/>1:00 Ruth Rappaport Concert: Appalachian<br/>String &amp; Fiddle<br/>2:00 Prize Scattergories</p> | <p>5 10:00 Art Class with Dawn<br/>10:30 Joy Walk with Jackie<br/>11:00 SpeakOUT Pride Month Presentation &amp;<br/>Conversation<br/>12:00 Lunch<br/>1:00 Movie Matinee: "Fly Me to the Moon"<br/>2:00 Gentle Yoga on the Mat</p>   |
| <p><b>CENTER CLOSED</b><br/><b>MOVING TO 77 WARREN</b><br/><b>STREET- 3RD FLOOR</b></p>  | <p>11<br/><b>CENTER CLOSED</b><br/><b>MOVING TO 77 WARREN</b><br/><b>STREET- 3RD FLOOR</b></p>    | <p>12<br/><b>CENTER CLOSED</b><br/><b>MOVING TO 77 WARREN</b><br/><b>STREET- 3RD FLOOR</b></p>   |
| <p><b>CENTER CLOSED</b><br/><b>MOVING TO 77 WARREN</b><br/><b>STREET- 3RD FLOOR</b></p>   | <p>18<br/><b>CENTER CLOSED</b><br/><b>MOVING TO 77 WARREN</b><br/><b>STREET- 3RD FLOOR</b></p>   | <p>19<br/><b>JUNETEENTH</b><br/><b>CENTER CLOSED</b></p>   |
| <p>with ThriveHub<br/>Breakfast<br/>Classes with Jonathan<br/><br/>CLASS TODAY<br/><br/>Marissa<br/>"Life" TV Show<br/>Top w/ Charlette</p>                             | <p>25 9:30 Exercise with Jackie<br/>10-11:30 Live Jazz Music Session<br/>11:00 Qi-Gong with Jamee<br/>12:00 Lunch<br/>1:30 Cat Picture Bingo with Prizes!</p>  | <p>26 10:00 Art Class with Dawn<br/>9:00-12:15 Age Strong Advocate Office Hours<br/>10:00 "KevTech" iPhone &amp; iPad Tutorial<br/>10:30 Age Strong Shuttle Outing- Joy Walk<br/>with Jackie- Arsenal Yard!<br/>12:00 Lunch<br/>1:00 Movie Matinee: "Rental Family"<br/>2:00 Gentle Yoga on the Mat</p> |
|   |  |   |

# “Scene at the Center!”







**Ruth Rappaport:  
Appalachian String &  
Fiddle Concert  
Thursday, June 4th  
at 1:00  
Come & Enjoy Some  
Classic High Energy  
Old-Time Music!**



**Joe Malone Presents:  
“The Beatles”  
Tuesday, June 23rd at  
11:00  
Come And Enjoy This  
Interactive  
Presentation On The  
“Fab Four” And Their  
Greatest Hits!**



**Wellness Workshop  
With Charlette  
Parker-Edwards ,  
LMHC  
Wednesday, June  
24th at 2:15  
“Bloom & Belong:  
Cultivating Joy,  
Connection, &  
Presence”**

**VERONICA B. SMITH**  
MULTI-SERVICE SENIOR-CENTER  
20 Chestnut Hill Avenue | Brighton, MA 02135

NON-PROFIT ORG  
U.S. POSTAGE  
**PAID**  
BOSTON, MA  
PERMIT NO.  
59853